



2010

Mark West USD

Milk is included with Lunch








Monday

Tuesday

Wednesday

Thursday

Friday

<p>4</p> <p>El Rollo Taco <b>Harvest Salad Bar</b> Tortilla Chips</p>	<p>5</p> <p>Grilled ChickenBurger on a WW Bun <b>Harvest Salad Bar</b> Mini Pretzels</p>	<p>6</p> <p>Chicken Teriyaki Bowl w Organic Brown Rice and Veggies <b>Harvest Salad Bar</b> Fortune Cookie</p>	<p>7</p> <p>Deluxe Cheese Pizza Wedge <b>Harvest Salad Bar</b> Extreme Trail Mix</p> 	<p>8</p> <p>Pasta w Marinara Sauce <b>Harvest Salad Bar</b> Popcorn</p> 
<p>11</p> <p>Chicken Nuggets w Potatoes <b>Harvest Salad Bar</b> Jungle Crackers</p>	<p>12</p> <p>Hot Dog on a WW Bun w Ranch Beans <b>Harvest Salad Bar</b> Corn Chips</p>	<p>13</p> <p>Country Style Chicken Pot Pie <b>Harvest Salad Bar</b> Scooby Doo Snacks</p>	<p>14</p> <p>Deluxe Cheese Pizza Wedge <b>Harvest Salad Bar</b> Extreme Trail Mix</p> 	<p>15</p> <p>Chicken Fajita Wrap <b>Harvest Salad Bar</b> Rice Krispie Treat</p>
<p>18</p> <p><b>Martin Luther King's Day</b></p> 	<p>19</p> <p>Classic Burger on a WW Bun <b>Harvest Salad Bar</b> Bug Bites</p>	<p>20</p> <p>Orange Chicken Bowl w Organic Brown Rice and Veggies <b>Harvest Salad Bar</b> Fortune Cookie</p>	<p>21</p> <p>Pepperoni Pizza Wedge <b>Harvest Salad Bar</b> Extreme Trail Mix</p>	<p>22</p> <p>Enchirito <b>Harvest Salad Bar</b> Cheese-it Scrabble</p> 
<p>25</p> <p>Corn Dog <b>Harvest Salad Bar</b> Teddy Grahams</p> 	<p>26</p> <p>Taco Pocket <b>Harvest Salad Bar</b> Chortles</p>	<p>27</p> <p>Mini Cheese Burger Sliders <b>Harvest Salad Bar</b> Mini Pretzels</p>	<p>28</p> <p>Pepperoni Pizza Wedge <b>Harvest Salad Bar</b> Extreme Trail Mix</p>	<p>29</p> <p>Brunch For Lunch Breakfast Burrito <b>Harvest Salad Bar</b> Yogurt</p> 

**Fresh Baked Whole Wheat Bread Roll available Daily!!**

—Vegetarian Lunch

—Menu Subject to Change without Notice

**Harvest Salad Bar and Milk**

Included with Lunch Daily!!

A variety of fresh Fruits and Veggies  
from local farms when available!

In the operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against write immediately to Dept. of Agriculture, Wash. DC 20250.