

# December 2011

# Mark West USD

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Pepperoni Pizza Wedge with whole wheat crust or Pulled Pork Sandwich Salad Bar Extreme Trial Mix	2 Ham and Cheese Crossanwich or Veggie Tamale Pie Harvest Salad Bar Very Berry 100% Juice Bar
5 Cheesy Bean Dip with Salsa or Cheese Pizza Harvest Salad Bar Tortilla Chips	6 Rock it Classic Burger on Wheat Bun or Meatball Sandwich Harvest Salad Bar Mini Pretzels	7 Whole Grain Pasta with tomatoes, ham, cheddar and fall veggies or Grilled Cheese Sandwich Harvest Salad Bar Celebration Cupcake	8 Deluxe French Bread Pizza or Pulled Pork Sandwich Harvest Salad Bar Endangered Species Crackers	9 Roasted Turkey with mashed potatoes and gravy or veggie tamale pie Harvest Salad Bar Rice Krispie Treat
12 Cheese Raviolis with Marinara Sauce or Cheese Pizza Harvest Salad Bar Apple Oatmeal Cookie	13 Coleman's All Natural Beef Hot Dog on a whole wheat bun or Meatball Sandwich Harvest Salad Bar Mini Pretzels	14 Soft Beef and Bean Taco Grande or Grilled Cheese Sandwich Harvest Salad Bar Very Berry 100% Juice Bar	15 Pepperoni Pizza Wedge with whole wheat crust or Pulled Pork Sandwich Salad Bar Extreme Trial Mix	16 Mini Veggie Eggroll with Chow Mein and Asian Veggies or Veggie Tamale Pie Harvest Salad Bar Fortune Cookie
19 Macaroni and Cheese or Cheese Pizza Harvest Salad Bar Scooby Doo Snacks	20 Grilled Chicken Burger on a whole wheat bun or Meatball Sandwich Harvest Salad Bar Corn Chips	21 All Natural Chicken Nuggets with potatoes or grilled cheese sandwich Harvest Salad Bar Apples w caramel sauce and a special treat	22 Deluxe French Bread Pizza or Pulled Pork Sandwich Harvest Salad Bar Endangered Species Crackers	23 NO SCHOOL WINTER BREAK

**Lunches must be prepaid for a minimum of 5 lunches at a time.**

5 lunches @ 3.75 = \$18.75. This is the minimum due. Milk only is \$0.30. We only accept payments on Monday (or Tuesday if Monday is a holiday). All payments must be in a clearly marked envelope or baggie with the Students Name, Rm #, date, and Amount Enclosed written on it.

**In the operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against, write immediately to the Dept. of Agriculture, Washington, DC 202050**

**Serving fresh, organic Spring Salad Mix, Pears, Apples and Asian Pears from Local Farms!  
Fresh Baked Whole Wheat Roll available! Menu is subject to Change.**